



BRUNCHES & SHOWERS

STATIONARY HOR'S DOEUVRES

Middle Eastern Hummus Platter:

Hummus & Eggplant Caponata with Roasted Vegetables,
Artichokes, Chunks of Feta Cheese, Mixed Olives,
Cucumber & Carrot Sticks Surrounded by
Toasted Pita Points

•••

Poached Salmon Platter:

Poached Salmon topped with Cucumber Scales
surrounded by Lemon Wedges, Capers and served with
Creamy Onion Dill Sauce

•••

Crudit  Basket:

Vibrant Fresh Cut Vegetables served with Creamy Onion
Dill Dip

•••

Fruit & Cheese Platter:

Assorted Imported & Domestic Cheeses & Sliced
Seasonal Fruit Surrounded by Select Crackers & House
Made Flat Breads

SIGNATURE WRAPS & SANDWICHES

***Assorted Wraps, Rolls, Baguettes &
Focaccia Bread are available***

MEAT & POULTRY SELECTIONS

Roast Turkey with Lettuce, Tomato & Mayo

•••

Grilled Chicken with BBQ Sauce, Tomatoes & Spinach

•••

Grilled Chicken with Pesto Sauce, Provolone Cheese,
Roasted Red Peppers & Lettuce

•••

Roast Beef with Creamy Horseradish,
Arugula & Tomatoes

•••

Sliced Flank Steak with Sweet Onions &
Black Pepper Mayo

•••

Ham & Brie with Spinach & Honey Dijon

•••

Ham & Swiss with Lettuce & Tomato

*All Items on Menu can be tailored to best suit your tastes
Call one of our Catering Consultants to help plan your next event!*

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GarelickandHerbs.com • Call Gina 203.254.8577 • Gina@garelickandherbs.com
Southport/Post Road • 3611 Post Road • Southport, CT (203) 254-3727
Saugatuck/Westport • 580 Riverside Avenue • Westport, CT 06880 (203) 557-8868
Greenwich • 48 West Putnam Avenue • Greenwich, CT 06830 • (203) 661-7373
New Canaan • 97 Main Street • New Canaan, CT 06840 • (203) 972-8200
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BRUNCHES & SHOWERS

SIGNATURE WRAPS & SANDWICHES

Assorted Wraps, Rolls, Baguettes & Focaccia Bread are available

VEGETARIAN & FISH SELECTIONS

Cranberry Apple Tuna Salad with Baby Greens

•••

Traditional Tuna Salad with Lettuce & Tomato

•••

Mixed Grilled Vegetables with Pesto sauce or Hummus

•••

Portobello Mushroom with Spinach

•••

Tomato & Fresh Mozzarella with Basil

MINI 3" SLIDERS

Sliced Filet with Creamy Horseradish sauce
on soft Hogie

•••

Lobster Rolls with Drawn Butter topped with
Lemon Zest on Brioche Roll

•••

Roast Turkey with Herb Stuffing & Cranberry Chutney
on Mini Slider

•••

Grill chicken with Basil Pesto & Mozzarella on
soft Brioche

TEA SANDWICHES

Smoked Salmon Canapes with Fresh Dill on
Pumpnickel Triangles

•••

Egg Salad with Watercress on White Bread Diamonds

•••

Goat Cheese with Orange Marmalade & Mint
on a Crostini

•••

English Cucumber with Herbed Cream Cheese on
White Bread Triangles

•••

Grilled Zucchini & Gorgonzola Cheese on
White Bread Rounds

•••

Finely diced Curry Chicken Salad on White Bread Squares

•••

Baked Ham & Brie with Honey Dijon Mustard on Mini
Biscuits

•••

Cranberry Apple Tuna on Cucumber Rounds

•••

Cherry Tomatoes with Smoked Salmon Mousse

•••

Sliced Deviled Eggs Garnished with Chives on
Rye Bread Rounds



BRUNCHES & SHOWERS

BRUNCH SELECTIONS

Omelette or Eggs to Order
Prepared on site by G&H Chef

Fillings to include:
Tomatoes, Onions, Scallions, Red & Yellow Peppers,
Mushrooms, Smoked Salmon, Sautéed Spinach & Cheese

Egg Whites available

French Toast Challah Bread
Cinnamon Sugar coated with choice of Maple Syrup or
Raspberry Sauce

Homemade Scones
Mini or Regular

Homemade Muffins
Mini or Regular

Yogurt Parfaits topped with Seasonal Berries & Crunchy
Granola

Assorted Mini Quiches
Including:
Spinach & Mushroom
Quiche Lorraine
Asparagus & Tomato
Broccoli & Cheddar

Overflowing Basket of NY Bagels, Sliced Breads & Bialys

With Assorted Cream Cheeses, Butter & Jam

Smoked Salmon Display garnished with Capers &
Fresh Lemon Wedges and served with Sliced Red &
Yellow Beefsteak Tomatoes & Sliced Onion

Whole Stuffed Whitefish with creamy whitefish salad

Whole Roasted Turkey Sliced or on the bone

Spiral Ham drizzled with Sweet Glaze Spiral or Bone-In

SWEET ENDINGS

Assorted Desserts Bars & Cookies
Petite Death by Chocolate Diamonds
Mini Chocolate Bombs
Chocolate Covered Strawberries
Seasonal Fruit Tarts
Mini, Individual & Full Size Available

PIES

Available in Mini, Individual & Full Size
And in Lattice or Crumb Toppings
Traditional Apple, Blueberry, Berry Berry, Apple Berry,
Peach, Peach Berry, Cherry or Traditional Pecan

Assorted Cakes

Round or Sheet Cakes Available

Seasonal Sliced Fruit Platters

Petite Fruit Kabobs



BRUNCHES & SHOWERS

ALSO AVAILABLE

Also Available:

Iced & Hot Coffee

•••

Assorted Flavors of Freshly Brewed Iced & Hot Teas

•••

Freshly Squeezed Lemonade

•••

Fresh Fruit and Mint Infused Water

•••

Bloody Mary's

•••

Mimosas

★★★★

Wait staff, Chef and/or Full Bar staff available

•••

Ivory Paper Goods, Plastic Utensils, &
Plastic Serving Utensils

****Event Coordination Fee May Apply****

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