



STATIONARY HOR'S DOEUVRES

Middle Eastern Hummus Platter:

Hummus & Eggplant Caponata with Roasted Vegetables, Artichokes, Chunks of Feta Cheese, Mixed Olives, Cucumber & Carrot Sticks Surrounded by Toasted Pita Points

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Poached Salmon Platter:

Poached Salmon topped with Cucumber Scales surrounded by Lemon Wedges, Capers and served with Creamy Onion Dill Sauce

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Crudit  Basket:

Vibrant Fresh Cut Vegetables served with Creamy Onion Dill Dip

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Fruit & Cheese Platter:

Assorted Imported & Domestic Cheeses & Sliced Seasonal Fruit Surrounded by Select Crackers & House Made Flat Breads

SIGNATURE WRAPS & SANDWICHES

Assorted Wraps, Rolls, Baguettes & Focaccia Bread are available

MEAT & POULTRY SELECTIONS

Roast Turkey with Lettuce, Tomato & Mayo

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Grilled Chicken with BBQ Sauce, Tomatoes & Spinach

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Grilled Chicken with Pesto Sauce, Provolone Cheese, Roasted Red Peppers & Lettuce

•••

Roast Beef with Creamy Horseradish, Arugula & Tomatoes

•••

Sliced Flank Steak with Sweet Onions & Black Pepper Mayo

•••

Ham & Brie with Spinach & Honey Dijon

•••

Ham & Swiss with Lettuce & Tomato

VEGETARIAN & FISH SELECTIONS

Cranberry Apple Tuna Salad with Baby Greens

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Traditional Tuna Salad with Lettuce & Tomato

•••

Mixed Grilled Vegetables with Pesto sauce or Hummus

•••

Portobello Mushroom with Spinach

•••

Tomato & Fresh Mozzarella with Basil

All Items on Menu can be tailored to best suit your tastes. Call one of our Catering Consultants to help plan your next event!

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GarelickandHerbs.com • Call Gina 203.254.8577

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SOUTHPORT/POST ROAD

3611 Post Road • Southport, CT 06890 • (203) 254-3727

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SAUGATUCK/WESTPORT

• 580 Riverside Avenue • Westport, CT 06880 • (203) 557-8868

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GREENWICH

48 West Putnam Avenue • Greenwich, CT 06830 • (203) 661-7373

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NEW CANAAN

97 Main Street • New Canaan, CT 06840 (203) 972-8200

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SPECIALTY SALADS

Penne Pasta with Roasted Tomatoes & Fresh Basil

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Orzo Pasta with Feta, Kalamata Olives, Roasted Red Peppers & Spinach

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Orecchiette Pasta with Portobello, Shiitake & Cremini Mushrooms & Red Peppers

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Israeli Cous Cous with Butternut Squash & Cranberries

•••

Shredded Kale & Avocado Salad with Shredded Cabbage, Carrots, Toasted Sunflower Seeds with an Olive Oil & Lemon Dressing

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Quinoa Salad with Shredded Cabbage, Carrots, Edamame & Hearts of Palm

•••

Tomato & Fresh Mozzarella Salad

•••

Mixed Green Salad with Shredded Carrots, Red & Yellow Peppers & Cherry Tomatoes with a Balsamic Vinaigrette

•••

California Apple Salad

Mixed Greens with Apples, Grapes, Walnuts & Gorgonzola Cheese with an Orange Citrus Vinaigrette

•••

Traditional Caesar Salad

Crunchy Romaine Lettuce & Housemade Croutons with Creamy Caesar Dressing

Add Herb Grilled Chicken

POULTRY & FISH SALADS

Lemon Basil Chicken Salad

Grilled Chicken Breast with Fresh Plum Tomatoes & Basil in a Light Italian Vinaigrette

•••

Curry Chicken Salad

Diced Chicken Breast, Currants, Celery, Red Onions Dressed in a Creamy Curry Dressing

•••

Mediterranean Chicken Salad

Chicken, Roasted Red Peppers, Kalamata Olives, Artichoke Hearts with Lemon Dijon Vinaigrette

•••

Spring Chicken Salad

Chicken, Celery, Potatoes, Red Onion in a Mayonnaise Dressing

•••

Cranberry Apple Chicken Salad

Shredded Chicken Breast with Cranberries, Granny Smith Apples in a Creamy Yogurt Dressing

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Cranberry Apple Tuna Salad

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Traditional Tuna Salad

•••

Traditional Egg Salad

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Turkey, Avocado & Tomato Salad

•••

Low - Fat Tuna & White Bean Salad

•••

Shrimp Gazpacho Salad



SWEET ENDINGS

Assorted Desserts Bars & Cookies

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Petite Death by Chocolate Diamonds

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Mini Chocolate Bombs

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Chocolate Covered Strawberries

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Seasonal Fruit Tarts

Mini, Individual & Full Size Available

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PIES

Available in Mini, Individual & Full Size

And in Lattice or Crumb Toppings

Traditional Apple, Blueberry, Berry Berry, Apple Berry,
Peach, Peach Berry, Cherry or Traditional Pecan

•••

Assorted Cakes

Round or Sheet Cakes Available

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Seasonal Sliced Fruit Platters

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Chunky Fruit Salad Topped with Fresh Berries

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Petite Fruit Kabobs

Iced & Hot Coffee

•••

Assorted Flavors of Freshly Brewed Iced & Hot Teas

•••

Freshly Squeezed Lemonade

•••

Fresh Fruit and Mint Infused Water

•••

Light bar consisting of mimosas morning glories
and Bloody Mary

•••

Or full bar service

★★★★★

Wait staff, Chef and/or Full Bar staff available

•••

Ivory Paper Goods, Plastic Utensils, &
Plastic Serving Utensils

****Event Coordination Fee May Apply****

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