



## PICNICS & BBQS

### SPARKING STARTERS

#### Middle Eastern Hummus Platter:

Hummus & Eggplant Caponata with Roasted Vegetables,  
Artichokes, Chunks of Feta Cheese, Mixed Olives,  
Cucumber & Carrot Sticks Surrounded by  
Toasted Pita Points

•••

#### Crudité Basket:

Vibrant Fresh Cut Vegetables served with  
Creamy Onion Dill Dip

•••

#### Fruit & Cheese Platter:

Assorted Imported & Domestic Cheeses & Sliced  
Seasonal Fruit Surrounded by Crackers &  
House Made Flat Breads

•••

#### Vegetarian Antipasto Platter

Italian Olives, Artichoke Hearts, Roasted Red Peppers,  
Fire Grilled Vegetables, Sun Dried Tomatoes, Fresh Italian  
Cheeses & Breads with Homemade Pizza Flats

•••

#### Italian Antipasto Platter

Imported & Domestic cheese, Marinated Artichokes,  
Tuscan Olives, Roasted Red Peppers, Sundried Tomatoes,  
Chunks of Parmesan Cheese, Dried Italian Meats, Grilled  
Vegetables with Assorted Crackers, Italian Breads,  
Kalamata Olives & Grilled Portobello Mushroom Stack  
with Roasted Red Pepper & Zucchini

#### Rosemary Flats and Potato & Onion Focaccia

•••

#### Guacamole & Salsa platter

Surrounded by Assorted Tortilla Chips

•••

Three Layer Guacamole & Salsa Dip served with  
Crispy Tortilla Chips

•••

#### Pico di Gallo with crispy Plantains

•••

#### Fresh Mozzarella, Tomato & Basil Skewers

•••

#### Lemon, Lime & Cilantro Chicken Satays

•••

#### Tamari Ginger Beef Satays

•••

#### Fresh Dill & Lime Shrimp Skewers

•••

Tomato Basil Bruschetta with chunks of Reggiano &  
Toasted Garlic infused Tuscan Olive Baguettes

•••

Avocado & Tomato Brushetta with Garlic Toastinis

•••

Grilled Portobello Mushroom Stack with Roasted Red  
Pepper & Zucchini

*All Items on Menu can be tailored to best suit your tastes  
Call one of our Catering Consultants to help plan your next event!*



## PICNICS & BBQS

### SIGNATURE WRAPS & SANDWICHES

*\*\*Assorted Wraps, Rolls, Baguettes & Focaccia Bread are available\*\**

### MEAT & POULTRY SELECTIONS

Roast Turkey with Lettuce, Tomato & Mayo

•••

Grilled Chicken with BBQ Sauce, Tomatoes & Spinach

•••

Grilled Chicken with Pesto Sauce, Provolone Cheese, Roasted Red Peppers & Lettuce

•••

Roast Beef with Creamy Horseradish, Arugula & Tomatoes

•••

Ham & Brie with Spinach & Honey Dijon

•••

Ham & Swiss with Lettuce & Tomato

### VEGETARIAN & FISH SELECTIONS

Cranberry Apple Tuna Salad with Baby Greens

•••

Traditional Tuna Salad with Lettuce & Tomato

•••

Mixed Grilled Vegetables with Pesto sauce or Hummus

•••

Portobello Mushroom with Spinach

•••

Tomato & Fresh Mozzarella with Basil

### SIZZLING ENTREES

Boneless Chicken Breast

Herb Grilled, Lemon, BBQ, Blackened, Breaded, Lemon Breaded

•••

Crispy Fried Chicken

•••

Ginger Marinated Flank Steak

•••

Whole or Sliced Filet of Beef with Choice of Creamy Horseradish Sauce or Chimichurri Sauce

•••

Poached Salmon served with Creamy Dill Sauce

*\*\*Served Whole or Individual\*\**

•••

Assorted Varieties of Salmon:

Herb Grilled, Cajun, Honey Dijon Glazed, Terrayaki, Lemon Herbed

### FIRE CRACKER SIDE DISHES

Traditional Potato Salad • Traditional Cole Slaw

Broccoli Slaw • Pesto Pasta Salad • Home Style Macaroni Salad • Quinoa Salad with Shredded Cabbage, Carrots, Edamame & Hearts of Palm • Tomato & Fresh Mozzarella Salad • Penne Pasta with Roasted Tomatoes & Fresh Basil Orzo Pasta with Feta, Kalamata Olives, Roasted Red Peppers & Spinach • Shredded Kale & Avocado Salad with Shredded Cabbage, Carrots, Toasted Sunflower Seeds with an Olive Oil & Lemon Dressing • Corn & Cabbage Salad Tomato & Avocado Salad • Greek Cucumber & Tomato Salad • Fire Roasted Vegetables • Raw Shredded Brussel Sprout Slaw • Shrimp Gazpacho Salad



## PICNICS & BBQS

### GRILL PARTY

Fine Selection of High Quality Angus Beef

\*All Cuts Available

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Filet, Skirt or Flank Steak

•••

Hamburgers & Hot Dogs

•••

Beef, Chicken or Shrimp Kabobs

•••

Pick 4 Side Dishes of your choice

•••

\*\*G&H Chef Available to Grill on Site\*\*

### SOUTHERN BBQ

BBQ Chicken Pieces

•••

Pulled Pork

•••

Tangy Baby Back Ribs

•••

Traditional Potato Salad

•••

Broccoli Slaw

•••

Assorted mini Brioche Rolls

### NEW ENGLAND DELIGHT

Traditional Clam Bake

•••

Including Lobsters, Clams, & More

\*\*Include Chef Attended Raw Bar\*\*

•••

Corn on the Cob

•••

Traditional Cole Slaw

•••

Assorted Mini Brioche Rolls

### SWEET ENDINGS

Assorted Desserts Bars & Cookies

Petite Death by Chocolate Diamonds

Carved Watermelon Basket with Chunky Fruit Salad

& Topped with Fresh Berries • Chocolate Covered

Strawberries • Chocolate Dipped Pineapple

Seasonal Fruit Tarts • Mini, Individual & Full Size

Available • Key Lime Pie

### PIES

Traditional Apple, Blueberry, Berry Berry, Apple Berry,

Peach, Peach Berry, Cherry or Traditional Pecan

\* Available in Mini, Individual & Full Size

And in Lattice or Crumb Toppings\*

### ASSORTED CAKES

Round or Sheet Cakes Available

•••

Seasonal Sliced Fruit Platters

Petite Fruit Kabobs

\*Full Size also available\*



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Seasonal Sliced Fruit Platters

Petite Fruit Kabobs

\*Full Size also available\*



## *PICNICS & BBQS*

ALSO AVAILABLE

Also Available:  
Iced & Hot Coffee

•••

Assorted Flavors of Freshly Brewed Iced Teas

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Freshly Squeezed Lemonade

•••

Fresh Fruit and Mint Infused Water

•••

Wait staff, Chef and/or Full Bar staff available

•••

Ivory Paper Goods, Plastic Utensils, &  
Plastic Serving Utensils

★★★★★

**\*\*Event Coordination Fee May Apply\*\***

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Westport • Southport • New Canaan • Greenwich  
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